

TROOP 19



FIRST YEAR SCOUT HANDBOOK

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Introduction

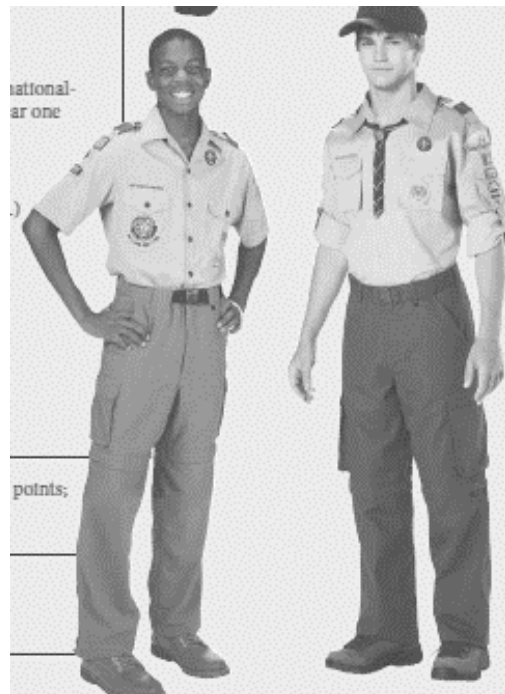
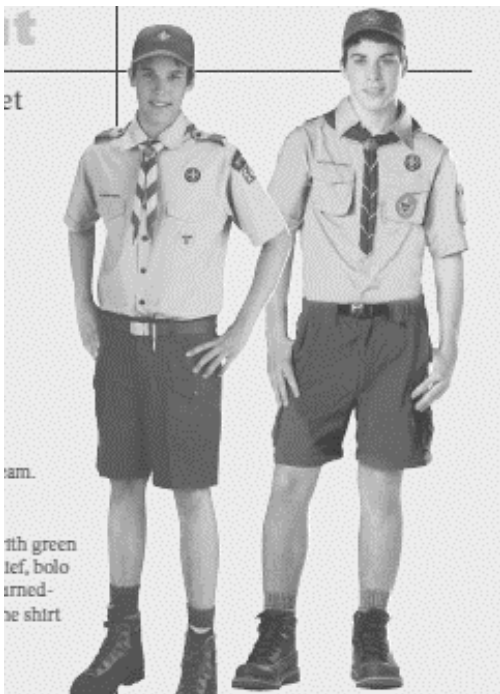
Welcome to Troop 19. As you continue your Scouting adventure and become a Boy Scout, a big change takes place. The most visible and most important change you will notice is that our troop is run by the Scouts, not the adults. As a member of the troop and your patrol, you will make the decisions on everything from electing your Senior Patrol Leader to what you will cook and eat on a camping trip. You will even have a position of responsibility soon. You are expected to take an active role in every aspect of our troop.

The entire troop is excited you are here and we look forward to seeing each one of you change from a wide-eyed, excited “Puppy” into a confident leader. Scouting gives a boy the opportunity to accomplish things that most other boys your age ever attempt – things such as carrying a pack with everything you need into the wilderness and use only a map and compass to guide your way, or repelling down a rock wall into a cave that few have entered. And who will be teaching and leading you through these types of adventures? That’s right – another Scout!

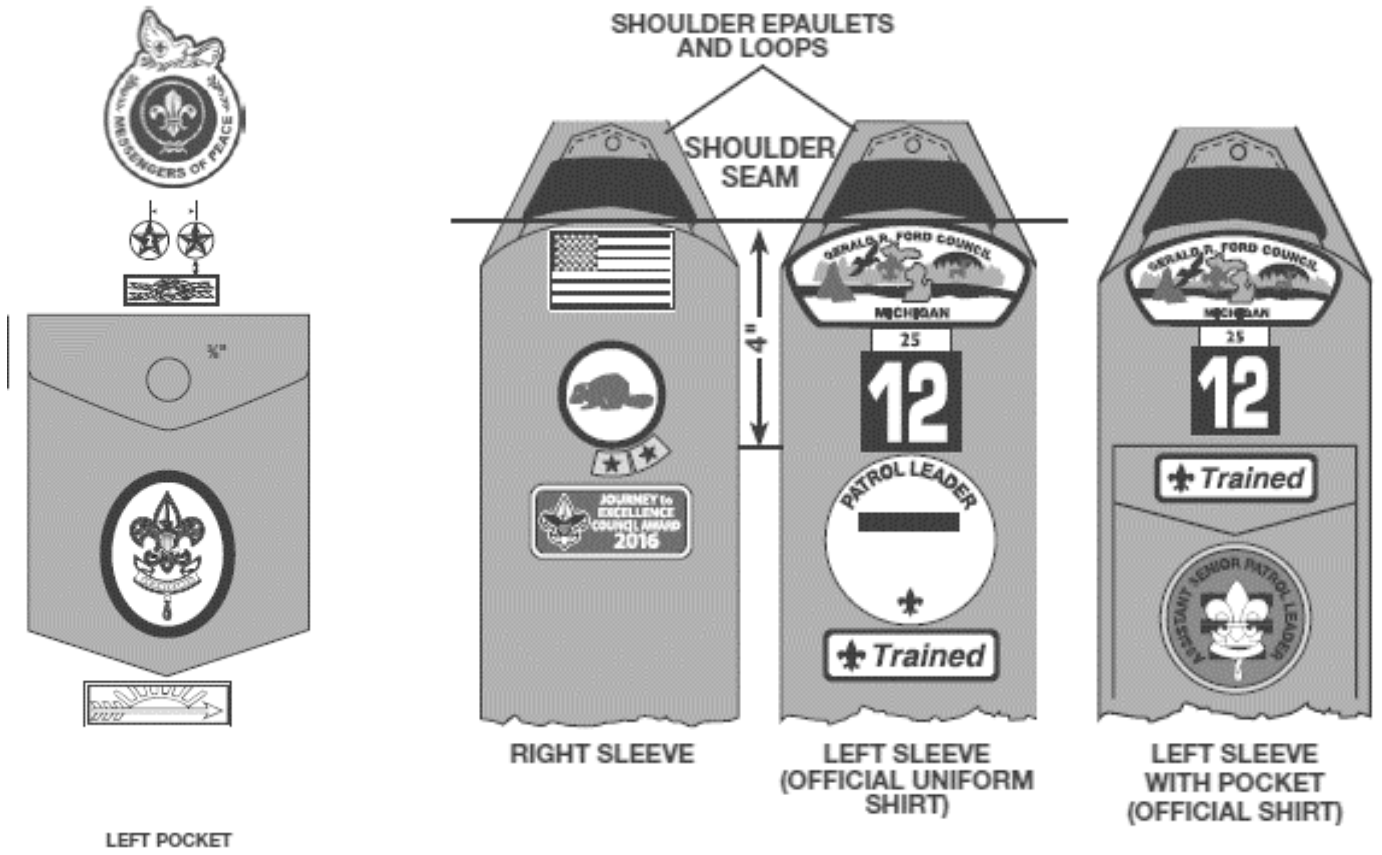


Troop Uniform Requirements

- Scouts Wear Class A Uniforms from October through the end of April
- Scouts Wear Class B Uniforms from the 2nd week of May until the Fall Court of Honor in October
- SPL will inform Scouts if they need to bring their Class A on camping trips
- Scouts Wear Dress Class A for Courts of Honor, Eagle Ceremonies, & Scoutmaster Conferences
- Class B Uniform
 - Red Troop 19 T-Shirt
 - Scout Pants or Shorts
 - Scout Belt, Socks and Troop 19 Hat
- Class A Uniform
 - Scout Shirt Properly Tucked In
 - Red Troop 19 T-Shirt
 - Scout Pants or Shorts
 - Scout Belt
 - Scout Socks
 - Troop 19 Hat
 - Troop 19 Name Tag
- Dress Class A Uniform
 - Class A Uniform
 - Troop Neckerchief & Slide
 - Merit Badge Sash
 - OA Sash
 - Medals & Awards



Youth Uniform Patch Placement



Troop 19 Puppy Schedule

March

Patrol Elections, expectations & discuss March camping trip
Begin working on exercise requirements and menus for camping trip
Finalize menus, inspect backpacks
Camping trip to Grayson Highlands
Will work on Tenderfoot and 2nd class skills

April

Create Menus and load gear
Camping trip to Camp Grimes
Continue working on Tenderfoot/ 2nd Class skills - Knots, Totem chip, Firem chit, first aid, orienteering, hiking
Complete Exercises and conduct Start Stop Continue session from camping trip

May

Church Service Project
Menu planning for puppy backpacking trip
Inspect gear for backpack trip
Puppy backpack trip to South Mountain state park
Will work on Scout skills in the morning and do Scoutmaster conferences in afternoon. Boys should be Tenderfoot Scouts upon returning home.
Birkdale Service Project on Memorial day

June

Summer Camp swim checks
Summer Camp at Camp Grimes
Trailblazer program

July - Troop does not meet

August

Troop returns late August

September

Troop Elections - puppies will elect their patrol leader
Prepare for September camping trip to Camp Grimes
Will work on 2nd Class and First Class skills
Scoutmaster conferences for 2nd Class
Creek Walk service project
Patrol Leaders Council for Puppy Patrol Leaders

October

Fall Court of Honor
Plan menus for Myrtle Beach fishing trip
Scouts fish in the morning and do skills review after lunch.

Scoutmaster conferences for boys who are ready for 2nd Class.
Patrol Leaders Council for Puppy Patrol Leaders

November

Plan menus for November camping trip
Work on 2nd and 1st class requirements - Lashings/ Orienteering
Merit Badge workshop
Patrol Leaders Council for Puppy Patrol Leaders

December

Service Project at the Oaks
Puppies will do First Aid Merit Badge
Christmas Break

January

Puppies split up into Klondike Derby patrols
Klondike training
Winter camping trip for Klondike Derby

February

Scouting for Food
Year End Court of Honor
Scout Sunday
Klondike training continues
Klondike Derby - last weekend in February

March

Puppies graduated to permanent patrols in troop

Rank Time in Grade requirements

Scout	1 Month
Tenderfoot	2 Months
Second Class	2 Months
First Class	3 Months

Service hour requirements

Scout	1 hour
Tenderfoot	2 hours
Second Class	3 hours
First Class	3 hours

BACKPACKING/CAMPING GEAR

- Don't spend a great deal of money on items that will be outgrown
- Don't buy everything right away
- Don't buy equipment without first determining if it meets the need
- Don't be fooled by high tech or high priced equipment
- Don't be fooled by low tech or low priced equipment.
- Do shop around for both price and function
- Do expect to get what you pay for
- Do expect equipment to last when properly taken care of
- Do buy backpacking gear first – backpack, sleeping bag, sleeping pad, hiking boots – and add extras later.

TYPICAL EQUIPMENT FOR BACKPACKING

Sleeping Bag

One of the most expensive items you will need. There are two basic types, down or synthetic:

- Down is the best insulator. It will last forever and is expensive. A down bag requires careful laundering and care. Down will not be a good insulator when wet.
- Synthetic fiber bags are bulkier and heavier for the same temperature range. They are easy to clean, require less care and are more economical. This bag will retain some of its insulating properties when wet.

FACTORS TO CONSIDER

- Temperature rating – gives the lowest recommended temperature for which the bag was designed. It does not mean that you will be toasty warm at this temperature.
- Weight and stuff size – how heavy is it and how small you can compress it
- Bag size – shoulder and foot width as well as overall length
- Style – mummy or rectangular.

RECOMMENDATIONS

- Try it on
- You get what you pay for – buy quality
- Plan on growing into it.

MISCELLANEOUS

Accessories – a stuff sack usually comes with the bag

Brands – Slumber Jack, Sierra Design, Coleman, Kelty, North Face

Price Range - \$100 - \$250

Optional Equipment	-	Compression Sack	\$15 - \$25
		Pillow	\$15 - \$20
		Liner	\$15 - \$60

Sleeping Pad

A sleeping pad is essential for warmth and comes in numerous shapes, sizes and styles. Prices range from less than \$15 to over \$100.

- Plain foam pads will provide some warmth but are subject to become wet and stay wet. They are bulky but lightweight; they are inexpensive but will not last long.
- Open cell pads are warm, more durable, bulky, lightweight and waterproof. They are also relatively inexpensive and will provide the same comfort level as a foam pad.

- Self-inflating pads are very warm, very durable, and waterproof. They are lightweight and smaller than the other types when rolled. They will provide more comfort and can be converted into a lightweight camp set. They are, however, more expensive than the other types.

FACTORS TO CONSIDER

Size when packed is the most important consideration.

MISCELLANEOUS

Optional additions – For about \$50, a self-inflating pad can be converted into a camp seat.

Brands – Therm-a-Rest

Backpack

It is essential when buying a pack that it fits the wearer properly. Some frames are adjustable. There are two basic types – internal or external frame. It is up to you to choose which type is best for you.

- An internal frame pack is more expensive, but it is more comfortable, easier to custom fit and usually has more external pockets and attach points. This pack will be longer and narrower so more difficult to pack and unpack. It will have a smaller capacity and a smaller fit range. It will become hot when carrying but provides good weather protection for gear.
- An external frame pack is less expensive, has more pockets and is easier to pack and unpack. The back is ventilated but it is not comfortable. It will have a larger fit range, allowing room for growth. The external frame pack may not have a separate pouch for the sleeping bag, making it more exposed to the weather.

FACTORS TO CONSIDER

- Current body size and expected growth
- Durability – do not buy a cheap pack as it will not last
- Make sure that the pack fits
- Capacity – 3,000 to 4,000 cubic inches
- Good quality hip belt that fits
- Comfortable shoulder straps.

MISCELLANEOUS

Optional additions – Pack cover is a must - \$15 to \$25
 Fanny pack – some packs have a removable fanny pack
 Day pack – used all the time in outings and campouts (an old book bag works great!)

Brands – Kelty, Jansport, REI, Eureka, Lowe, Camp Trails, Gregory

Prices - \$75 - \$275+

Hiking Boots

These are NOT sneakers or open-toed shoes! A good pair of properly fitting hiking boots is essential to comfort on the trail. The boots should have a lug-type sole and should be a mid-height boot with firm to stiff upper of leather or nylon. DO NOT wear a brand new pair of boots on the trail – break them in at home first!

FACTORS TO CONSIDER

- Lighter weight boots (day hikers) usually have softer soles that wear faster. They also offer less support and are less stable on harder terrain but are lighter, more comfortable and are cooler.
- Heavier weight boots offer more support, last longer, and are more stable. They may be less comfortable but are warmer.
- No hiking boot will stay or be completely waterproof.
- The boots will probably be outgrown before they wear out.
- Make sure you break them in before backpacking!

RECOMMENDATIONS

- Try on the boots with both a hiking sock and a liner sock
- Do not buy the boots too large with the thought of “growing into” them
- Laces should be drawn tight and the heel should not move. There should be ample toe room for wiggling
- Look for good arch support.

MISCELLANEOUS

Prices - \$40 and up

EQUIPMENT LIST

ESSENTIAL LIST

_____	Map	_____	Matches
_____	Compass	_____	Folding knife
_____	First aid kit	_____	Watch
_____	Survival kit *		

ALL TRIPS

_____	Water bottles	_____	Food
_____	Toilet paper/Towel	_____	Cord
_____	Day pack	_____	Scout book, pen, paper

OVERNIGHT GEAR

_____	Pack and cover	_____	Garbage bags
_____	Sleeping bag/pad	_____	Kitchen clean up gear
_____	Ground sheet	_____	Glove for cooking
_____	Bear bag	_____	Flashlight/fresh batteries
_____	Mess kit	_____	Matches/fire starters
_____	Stove/fuel	_____	Food
_____	Cook wear as needed		

OPTIONAL GEAR

_____	Backpacking pillow	_____	Camp seat
_____	Tent/ground cloth	_____	Gaiters
_____	Cooking spices	_____	Water purifier

CLOTHING

_____	Boots	_____	Jacket
_____	Hiking socks/liners (2-3 pair)	_____	Gym shorts/shirt (for sleeping)
_____	Heavy pants/no JEANS	_____	Rain gear
_____	Shorts	_____	Hat or cap

_____	Underwear	_____	Sweatshirt
_____	T-shirts	_____	Cold weather gear (gloves, parka, knit cap, snow pants, long underwear)

PERSONAL GEAR

_____	Soap	_____	Bug repellent
_____	Toothbrush	_____	Toothpaste
_____	Sunscreen	_____	Lip balm
_____	Towel	_____	Deodorant

***Survival Kit**

Matches	Fire starters	Whistle	Compass
Fish hooks	Fishing line	Metal mirror	Cord
Spare blanket	Duct tape	Flashlight	Extra batteries
Knife	Water purifying tablets	ADH tape	Gauze pads
Antiseptic	Moleskin	Needle/thread	Saw
Small Lifesavers	Plastic bag	Emergency coins	

THINGS TO REMEMBER

- Plan ahead for what you will need and what you might need. Don't over pack with extras you really don't need.
- Weight and use are the only factors you should consider. Comfort is always a secondary consideration.
- Always plan on conditions being worse than you think.
- Always plan on staying longer than you think. You may want some extra essential items.
- Use past experience to determine what to bring.

Most importantly, learn to take it with you no matter what!

HELPFUL WEBSITES

Campmor www.campmor.com
Recreational Equipment, Inc. www.rei.com
Boy Scouts of America www.scoutstuff.org

GEAR TO PACK

Pack	Pack cover	Day pack
Sleeping bag	Pillow	Sleeping pad
Tent (or buddy up)	Ground cloth	Stove (patrol)

Cooking Gear

Utensils (knife/fork/spoon)	Spatula	Pot with cover
Pot with handle	Plate	Cup
Coffee can w/handle (opt)	Glove	Spices
Oil	Kitchen sink	Small grill (opt)
Foil (opt)		

Cleaning Equipment

Paper towels	Garbage bag	Scrub pad
Biodegradable soap	Sponge	

Camp Accessories

Knife (see Knife Policy)	Utility tool (opt)	Water bottle
Water purifier (opt)	Flashlight	Compass
Watch	Pencil	Notebook
Waterproof match holder	Matches	Rain gear
Hiking boots	Rope/cord	

Personal Hygiene

Toothbrush	Toothpaste	Biodegradable soap
Sunscreen	Towel	Toilet paper

Clothing

Socks	Shorts (for sleeping)	T-shirt (for sleeping)
Underwear	Pants	Shirts
Sweatshirt	First aid kit	Other clothing as appropriate for conditions

CAMPING TRIPS

Camping is an important part of Scouting and every effort should be made to attend. Each trip has a specific purpose. Some trips have the goal of working toward rank advancements or merit badges. Other trips have historic significance. We also take adventure trips, such as white water rafting, mountain biking, canoe trips, night backpacking or caving. Some of the adventure trips are limited by age or require that the Scout have previously completed certain merit badges for safety reasons.



At Troop 19, we always camp using the patrol method. Each patrol camps and cooks together. Scouts under 14 must sleep at least two to a tent. At no time do adults share a tent with a Scout.

Meals are planned by the patrol and the patrol grubmaster purchases the food. The cost for all food is then split evenly by each patrol member. If a Scout indicates that he is going on the trip at the meeting just prior to the trip and does not show up for the trip, he is still responsible for his share of the food. There may be circumstances beyond the Scout's control that might make it impossible to attend, but it is not fair for the other patrol members to pay for his share of the food for a trip he was planning to attend.

Departure times will be announced at the meeting prior to the trip. Please be prompt. We will leave as soon as all the gear is loaded. Return times are difficult to predict due to weather and traffic. All Scouts will help with storing all the gear and cleaning out the trailers and bus before they go home. Last minute changes to the trip may be necessary due to weather or unforeseen circumstances.

COMMUNICATION



Remember, it is each Scout's responsibility to communicate with his parents (or guardians) the information that is passed on to him. This information is given to the Scouts in a number of ways. A calendar of the year's events is posted in the Scout Hut. Handouts are distributed at most meetings, announcements are made at every meeting, and the patrol leader makes telephone calls on a regular basis. Troop 19 also has a web site, www.bsa19.org and communications are posted on the Troop's Facebook page to communicate events

and schedule changes. If there are any questions regarding details of an upcoming event, the Scout should call his patrol leader first, then the Senior Patrol Leader. The patrol Assistant Scoutmaster and the Scoutmaster are always available to the Scouts and parents for any questions or concerns but Scouts should utilize the chain of command for specific questions regarding events or meetings.

Please remember that Scouting is an organization run by the boys and we need to allow them the opportunity to take on that responsibility. At Troop 19, we are blessed with a group of dedicated boys who accomplish amazing things when adults get out of their way.

ADVANCEMENT

During the first year of Scouts, meetings and camping trips are geared toward advancing to the rank of First Class. The Scout who is committed to our program will have the opportunity to reach First Class within the first year of joining Troop 19. This is not an easy task and becomes

very difficult when a Scout misses meetings or camping trips. Remember this is not a race but a goal. Some Scouts will not reach this goal the first year, but they should not be discouraged. The rewards of Scouting will still be there for every Scout, regardless of rank. We schedule two camping trips specifically for the “Puppies” to accomplish several rank requirements, which can only be done in a camping environment. If either of these is missed, training for and completion of several requirements will be difficult to duplicate.



The first trip held in May deals with camp setup and safety as well as other Tenderfoot and Second Class requirements. On the second trip held in early September we will concentrate on map and compass skills, orienteering and wilderness survival. Every effort must be made to attend these camping trips in order to earn the Second and First Class ranks.

Boy Scouts require that for a Scout to pass a requirement he must have the knowledge of a skill and be able to demonstrate this skill to the Scoutmaster or an Assistant Scoutmaster. For example, knowing how to safely build a fire is not enough – the Scout must actually show that he can properly and safely build a fire by actually building the fire. Most of the training is accomplished during the regular Scout meetings and the Scout can practice most of these skills at that time, but because of the number of boys and the time constraints of the meetings, it is extremely difficult to pass these requirements during the meeting.

The Scout may schedule a time with an Assistant Scoutmaster prior to a regular meeting to pass any requirements for which he is prepared and ready. Every camping trip is an excellent opportunity for the Scout to pass rank requirements. Remember only an Assistant Scoutmaster or the Scoutmaster can sign off on a requirement.

It is important for the Scout to read his handbook and practice his skills at home.

When a Scout has been signed off on all the requirements for a rank, he is eligible for a Scoutmaster Conference. The purpose of the Scoutmaster Conference is to ensure that the Scout has a working knowledge of the skills for that rank as well as all previous ranks, and accomplish all necessary requirements, service hours, and attendance. At Troop 19, we ask that the Scout have knowledge of Scout history (which is in the Troop Handbook) and American history. It is also an opportunity for us to find out about what the Scouts like and dislike about Scouting and the Troop and discuss his interests outside of Scouting. With each rank, we expect the Scout to build on and become more proficient in his knowledge.

The Scoutmaster Conference should be scheduled in advance with the patrol Assistant Scoutmaster. During the Patrol Leaders' Council, on camping trips, and just prior to meetings are the best times to conduct the Scoutmaster Conference. All requirements must be signed off prior to the conference. We will not sign off any skill requirements at the conference. **The Scout must be in complete Dress A uniform (refer to the Uniform section for details) and must have his Boy Scout Handbook with him.** (The Scout may be excused from the uniform requirement if the Scoutmaster Conference is conducted on a camping trip for which the uniform is not required.) After a Scout has successfully completed the Scoutmaster Conference, he must schedule a Board of Review with the Advancement Chair or designee. These are held on the third Tuesday of each month. Boards of Review are conducted in conjunction with the Scoutmaster Conference for the ranks of Scout and Tenderfoot.

There are always a number of Scouts who want to advance in rank just before a Court of Honor. We have three Courts of Honor annually – September, February, and March. Don't wait until the last minute to try and schedule a Board of Review – you may be asked to wait.

TROOP 19



FIRST YEAR SCOUT ADVANCEMENT GUIDE

ADVANCEMENT

1. A Scout is ready to advance to the next rank when he has completed all the requirements for the rank and all the requirements in the Troop 19 Handbook. This includes all age and time requirements.
2. The Scout's Boy Scout Handbook must be signed by either an Assistant Scoutmaster or Junior Assistant Scoutmaster once the Scout has demonstrated competency in the required skill on either a camping trip or at a troop meeting. The skills portion of the Scout handbook must be completely signed prior to the Scoutmaster Conference. **It is the Scout's responsibility to ensure that this is done.**
3. **The Scout must schedule the Scoutmaster conference with his patrol Assistant Scoutmaster.** Before a conference is scheduled, the patrol Assistant Scoutmaster must verify the Scout's eligibility with the Scoutmaster and Advancement Coordinator. After successfully completing the Scoutmaster conference and obtaining all required signatures for the rank being sought, the Scout must then contact the Advancement Committee chair to schedule a Board of Review.
4. **The Scout must schedule a Board of Review with the Advancement Chair (or designee) either in person or over the telephone.** To avoid miscommunication, the Scout must speak directly with the chair – do not leave a message on an answering machine or voice mail.
5. The Scout must be competent in the skills required for all ranks previously earned as well as in the skills required for the desired rank.
6. Troop 19 has established time requirements between ranks. Time requirements for different ranks may not run concurrently. Time starts the day the Scouts passes his Board of Review. Time requirements between ranks are as follows:
 - From Scout to Tenderfoot – 1 month
 - From Tenderfoot to Second Class – 2 months
 - From Second Class to First Class – 2 months
 - Time requirements for ranks beyond First Class are listed in the Boy Scout Handbook.

Troop 19 also enforces an age requirements for ranks above First Class:

- Star – minimum age 13 years
- Life – minimum age 14 years
- Eagle – minimum age 15 years.

Advancement requires that a Scout exhibit skills and leadership beyond those outlined in the handbook. When a Scout reaches Star, Life, or Eagle rank, he must hold a leadership position within the Troop. To advance, the Scout's leadership must be active and notable.

SCOUT SPIRIT

POSITIVE ATTITUDE

1. The Scout should show a positive attitude at all meetings and on all trips.
2. The Scout must show a willingness to help younger Scouts learn Scout skills.
3. The Scout should show a good attitude at home, in school, and in church. This will be measured by the Scoutmaster based on feedback from parents, Assistant Scoutmasters, etc.

ACTIVITY

1. The Troop policy handbook contains activity requirements for each rank. These must be met.
2. Requirements for each rank are more challenging than those for the previous rank. Advancement from Scout to First Class requires attendance at specified percentages of troop meetings and camping trips. For Star rank and beyond, the Scout must hold a leadership position in addition to meeting the attendance requirements.

SERVICE HOURS

1. All service hours do not have to be conducted with the Troop. Service hours may be done in the community. The Scout may not earn money for his efforts.
2. Troop 19 requires service hours in addition to those listed in the Boy Scout handbook to help determine Scout spirit and participation. More than one service project may be required to achieve the necessary hours of service for each rank. **SERVICE HOURS DO NOT CARRY OVER BETWEEN RANKS.** Additional service hours do not count for later ranks; the hours are counted toward Scout Spirit and participation. To achieve the service hour requirements for each rank, the Scout must complete the following minimum number of service hours:

- Tenderfoot – 1 hour
- Second Class – 2 hours
- First Class – 3 hours
- Star – 6 hours
- Life – 6 hours

SCOUTMASTER CONFERENCE

In order for a Scout to advance in rank, he must successfully complete a Scoutmaster Conference. The conference is designed to determine the skills the Scout has learned and those he has yet to master. In addition, the Scout will receive assistance in setting goals in order to achieve his next rank. The candidate must also be prepared to discuss and demonstrate basic Scouting skills. **The Scout must be in complete Dress A uniform (refer to the Uniform section for details) and must have his Boy Scout Handbook with him.**

ALL SCOUTMASTER CONFERENCES MUST BE SCHEDULED BEFORE TROOP MEETINGS. NO CONFERENCES WILL BE CONDUCTED DURING TROOP MEETING TIMES OR THE EVENING OF THE PATROL LEADERS' COUNCIL MEETING.

Before scheduling a Scoutmaster Conference, the candidate Scout must contact his patrol's Assistant Scoutmaster to ensure all rank and troop requirements are complete. If the Scout does not contact the patrol's Assistant Scoutmaster, the conference will be postponed. After successful completion of the Scoutmaster Conference, the Scout must contact the Advancement Chair (or designee) to schedule a Board of Review.

The Scoutmaster Conference form follows the discussion format below.

SCOUT SKILLS

These skills include knots and lashings, outdoor skills and safety, camping skills and safety, and water safety. The skills are taught as part of the requirements for Tenderfoot through First Class ranks and these skills are cumulative. A Scout is expected to master skills for each rank and is tested each time on these skills.

- 1) Knots and lashings – this includes knots, lashings, and whipping and fusing rope.
- 2) Outdoor skills and safety – this includes map and compass skills as well as finding the way without a compass.
- 3) Camping skills and safety – this includes hiking safety, camping skills and hygiene, knife and axe safety, food preparation, cooking, and planning.
- 4) Water safety – this includes safe swimming, water rescue, float activity safety, and swim survival.

FIRST AID

All ranks require knowledge of First aid skills and the skills are cumulative. A Scout is expected to master these skills and be able to discuss the skills during each Scoutmaster Conference.

- 1) First aid skills – this includes basic first aid skills, recognition of hurry cases, signs of a heart attack, CPR, first aid for choking, severe bleeding, and shock. The Scout will also be asked to identify poisonous plants and animals as well as describe the effective treatments for snakebite and exposure to poisonous plants.

SCOUTING HISTORY

This section tests the Scout's knowledge of the founding of the Boy Scouts plus the early milestones in Scouting. Information on these topics is located in the Boy Scout Handbook or the Troop Handbook.

- 1) Scouting history – this includes history of the Scouting movement, early pioneers in Scouting, description and meanings of Scout emblems and badges, various branches of Scouting and Scouting publications.
- 2) Scouting basics – this includes the Scout Oath and Law, Motto, Slogan and patrol details. This basic information is required for all ranks.

U.S. HISTORY

Knowledge of these topics is not required for Scout ranks. However, Troop 19 believes our Scouts should be knowledgeable citizens and expects the rank candidate to have an understanding of the basic parts of the United States government as well as important aspects of U. S. history. Information on these topics is located in the Boy Scout Handbook or the Troop Handbook.

- 1) U. S. history – this includes basic U. S. history facts and documents, such as the Constitution, the Declaration of Independence, structure of the U. S. government, and major events in U. S. history such as the Revolutionary War and Civil War. The Scout is expected to show knowledge of the history of the U. S. flag, including the meaning of the various components of the flag.

SCHOOL AND CHURCH ACTIVITIES

The conference reviews the Scout's activities and keeps a record of his performance away from the troop. The key point of this discussion asks how each Scout keeps the 12th point of the Scout Law – a Scout is Reverent.

- 1) School and church activities – this includes discussions of progress in school, activities outside of Scouting, and personal faith.

CONFERENCE TIMES

The anticipated length of the Scoutmaster Conference varies by rank, simply due to the increasing amount of material to be covered as the Scout advances in rank. The conference for Tenderfoot should take about 20 minutes if the Scout is prepared. Scouts seeking higher ranks will have more skills tested and are expected to have greater knowledge of the skills from past ranks. By the time the Scout has completed the First Class rank, he is expected to have mastered all Scout skills in the Boy Scout Handbook and the additional historical information in the Troop Handbook. Mastery of these skills is mandatory before advancing to the next rank. **The Scout must be in complete Dress A uniform (refer to the Uniform section for details) and must have his Boy Scout Handbook with him.**

SERVICE PROJECT

The Scout must describe the service project he completed to fulfill the requirement for the rank being tested. An Eagle Scout Service Project requires significantly more detail and is discussed later in this Troop Handbook.

ATTENDANCE

Scouts looking to advance with Troop 19 need to be active at troop meetings and to actively participate in troop activities. Our program seeks to get our new Scouts to First Class rank within the 1st year of joining the troop. In order to achieve this time table, Scouts seeking Tenderfoot, Second Class and First Class ranks must attend all Troop campouts in their first year and be active at troop meetings.

Scouts seeking higher ranks of Star, Life and Eagle must show active participation and a commitment to the Scouting programs. Scouts seeking these higher ranks are expected to participate regularly in troop outings and meetings. Scouts must confer with the Scoutmaster to confirm that the attendance requirement has been met prior to seeking a board of review.

Participation in Order of the Arrow events can be counted toward attendance as long as this does not outweigh participation in Troop activities.

RECOMMENDATION

After completion of the conference, the Scoutmaster or Assistant Scoutmaster will review the conference sheet with the Scout and determine if the required skills are present. If so, the Scout will be recommended for the Board of Review. If the required skills are not demonstrated, the Scout and the Scoutmaster or Assistant Scoutmaster will review the areas where he needs improvement and he will be recommended for additional testing. After the recommendation for the Board of Review, the Scout and Assistant Scoutmaster set goals for the Scout for the next rank period. If the Scout has not mastered the skills necessary for the rank he wants to achieve, the goals will include review of the missing skills and scheduling a new Scoutmaster Conference for the rank. **Scoutmaster conferences are not cumulative. Each conference is separate from any previous conference. A Scout sitting for a second conference for a rank will be required to show knowledge of each skill as if no previous conference had been held.**

A record of each Scoutmaster Conference will be placed in each Scout's permanent file. The Scoutmaster or Assistant Scoutmaster must sign the Scout's Boy Scout Handbook and the conference form at the conclusion of the conference and before scheduling a Board of Review.

BOARD OF REVIEW

After the Scout has successfully completed his Scoutmaster Conference and been endorsed by the testing Scout leader, the Scout can schedule a Board of Review. Parents and Troop committee members conduct the Board of Review to evaluate the progress of the Scout, discussing the Scout's experiences within the program and to solicit input from the Scout regarding the Troop itself.

All Boards of Review are conducted the third Tuesday of the month unless a Court of Honor is within the following two weeks. Boards of Review will NOT be conducted on Troop committee meeting nights or on the evening of the Patrol Leaders' Council meeting.

The Board of Review will be held only when the Scout has scheduled the session with the Advancement Chair or designee. **The Scout must be in complete Dress A uniform (refer to the Uniform section for details) and must have his Boy Scout Handbook with him.** The Scout should be prepared to discuss and demonstrate basic Scouting skills as well as skills learned to earn the rank. As a Scout progresses in rank, the review becomes more in-depth and the Scout is expected to discuss his Scouting, educational, and lifetime goals in addition to basic Scouting skills. The Tenderfoot Board of Review may last 15 to 20 minutes while an Eagle Board of Review may last up to one hour.

Scout must call Advancement Chair one week in advance of the desired date for a Scoutmaster Conference or Board of Review. If the Scout fails to call and set the appointment with the Advancement Chair, there will be no Board of Review or Scoutmaster Conference.

<p align="center">Scouting History</p> <p>T - Who Founded the Worldwide Scouting <input type="checkbox"/></p>	<p align="center">Scouting Basics</p> <p>T - Recite and Explain the Scout Oath <input type="checkbox"/></p>
--	--

Scout _____
Rank _____

Date _____

Scoutmaster _____

Describe service Projects (T - 1 hr/ 2nd - 2 hr/ 1st - 3 hr/ Star - 6 hr/ Life - 6 hr since last rank) _____

Camping Trips & Troop Activities Attended _____

Uniform Check (circle one) **Class A Uniform Complete** **Incomplete Uniform**

Missing Uniform Items

<p align="center">Knots & Lashing</p> <p>T - Square Knot <input type="checkbox"/></p> <p>T - Two Half Hitches <input type="checkbox"/></p> <p>T - Tautline Hitch <input type="checkbox"/></p> <p>T - Fuse & Whip Rope <input type="checkbox"/></p> <p>1st - Clove Hitch <input type="checkbox"/></p> <p>1st - Bowline <input type="checkbox"/></p> <p>1st - Square, Diagonal & Sheer <input type="checkbox"/></p> <p align="center">Lashing</p> <p>Comments _____</p>	<p align="center">Camping Skills & Safety</p> <p>T - How & What to pack <input type="checkbox"/></p> <p>T - How to select a good campsite <input type="checkbox"/></p> <p>T - Rules of safe hiking both day & night <input type="checkbox"/></p> <p>T - Buddy System <input type="checkbox"/></p> <p>2nd - Explain how to prepare tinder, kindling & fuel <input type="checkbox"/></p> <p>2nd - Explain fire & stove safety <input type="checkbox"/></p> <p>2nd - Proper care of knives, saws & axes <input type="checkbox"/></p> <p>2nd - Describe a healthy menu <input type="checkbox"/></p> <p>2nd - Describe how to properly cook and serve a meal while camping <input type="checkbox"/></p> <p>1st - Safe storage and transport of meat, dairy, vegetables and other perishable foods <input type="checkbox"/></p> <p>1st - Proper disposal of camp garbage <input type="checkbox"/></p> <p>Comments _____</p>
<p align="center">Outdoor Skills & Safety</p> <p>T - Name the 3 types of poisonous plants <input type="checkbox"/></p> <p>T - Name the 4 types of poisonous snakes <input type="checkbox"/></p> <p>2nd - Explain how a compass works <input type="checkbox"/></p> <p>2nd - Explain the difference between True North and Magnetic North <input type="checkbox"/></p> <p>2nd - Show how to orient a map <input type="checkbox"/></p> <p>2nd - Explain the different map symbols <input type="checkbox"/></p> <p>2nd - Explain contour lines <input type="checkbox"/></p> <p>1st - Show how to find your way without a compass (day & night) <input type="checkbox"/></p> <p>1st - Explain how to measure height and width <input type="checkbox"/></p> <p>Comments _____</p>	<p align="center">Water Safety</p> <p>2nd - Explain the precautions for safe swimming <input type="checkbox"/></p> <p>2nd - Explain the 4 methods of water rescue in the order you use them and why <input type="checkbox"/></p> <p>1st - Explain the procedures & precautions for a safe float trip. <input type="checkbox"/></p> <p>1st - Explain swim survival & how you can stay afloat. <input type="checkbox"/></p> <p>Comments _____</p>

<p align="center">First Aid</p>	
<p>T - Explain the Heimlich maneuver & when to use it. <input type="checkbox"/></p> <p>T - Explain how to treat poison ivy, oak & sumac <input type="checkbox"/></p> <p>T - Explain treatment for simple cuts & scratches <input type="checkbox"/></p> <p>T - Explain treatment for blisters on the hand & foot <input type="checkbox"/></p> <p>T - Explain treatment for 1st degree burn <input type="checkbox"/></p> <p>T - Explain treatment for poisonous snake bites. <input type="checkbox"/></p> <p>T - Explain treatment of a nosebleed <input type="checkbox"/></p> <p>T - Explain treatment of frostbite <input type="checkbox"/></p> <p>T - Explain treatment if sunburn <input type="checkbox"/></p> <p>2nd - Explain the hurry cases of stopped breathing, serious bleeding & internal poisoning <input type="checkbox"/></p> <p>2nd - Explain what is in a First Aid kit <input type="checkbox"/></p> <p>2nd - Explain treatment for an object in the eye <input type="checkbox"/></p>	<p>2nd - Explain what to do when someone is bitten by a rabid animal <input type="checkbox"/></p> <p>2nd - Explain treatment of a puncture wound <input type="checkbox"/></p> <p>2nd - Explain treatment of a 2nd degree burn <input type="checkbox"/></p> <p>2nd - Explain the treatment of heat exhaustion, heat stroke, shock, dehydration, hypothermia and hyperventilation. <input type="checkbox"/></p> <p>1st - Show how to apply a bandage for a sprained ankle, head injury, upper arm injury & collarbone injury. <input type="checkbox"/></p> <p>1st - What are the 5 common symptoms of a heart attack. <input type="checkbox"/></p> <p>1st - What is CPR and how do you perform it <input type="checkbox"/></p> <p>1st - What are the 4 hurry cases <input type="checkbox"/></p> <p>1st - Explain Treatment of a 3rd Degree Burn <input type="checkbox"/></p> <p>Comments _____</p>

Movement?

T - Who Founded Scouting in the United States?

T - Detail the Story of the Unknown Scout

T - Who was the First US Scout Executive?

T - Who was the First US Chief Scout?

T - Who was the First US Scout Commissioner?

T - What was the first Scout handbook called
Who wrote it and when?

T - What was the first US Scout handbook called
Who wrote it and when?

T - When was the First *Boys' Life* written?

T - When was the first World Jamboree? Where
was it held?

T - When was the first US Jamboree? Where
was it held?

T - How often are World Jamborees held?

T - How often are US Jamborees held?

T - Describe the History of Robert Baden - Powell

T - Describe the story of the First Summer Camp

Comments _____

School & Church Activities

What School do you attend?

What Activities are you involved with outside
of Scouting?

What type of grades do you make? How are
you working to improve?

What are some of your
hobbies?

How do you keep the 12th point of the Scout Law
A Scout is Reverent

**Recommendation
of Scoutmasters**

Present to Board of Review

Recommend for Additional Testing

Comments _____

T - Recite and Explain the Scout Law

T - Recite and Explain the Scout Motto

T - Recite and Explain the Scout Slogan

T - Describe and Explain the parts of the
Scout Badge

Eagle & Shield

Scroll & Knot

Stars & Flower

T - What is your Patrol Yell

T - Who is your Patrol Leader

T - Who is the Senior Patrol Leader

T - Who is Troop 19's Scoutmaster

T - Who is your Patrol's Head Asst. Scoutmaster

T - Describe and Explain the Outdoor Code

Comments _____

US History

1st - Describe the Declaration of
Independence and why it is important.

1st - Describe the US Constitution and
what is its purpose

1st - Name some of the Rights we are entitled
to with the US Constitution

1st - When did the Revolutionary War occur

1st - What were some of the causes for the war

1st - Who won the Revolutionary War

1st - When did the US Civil War occur

1st - What were some of the causes for the war

1st - Who won the Civil War

1st - Name the Branches of the US Government
and their primary purpose

What is the length of term term of office for
President

US Senators

US Representatives

Supreme Court Justices

How many Senators/US Representatives do we
have

How do we determine how many each state gets?

Name the following:

Current US President & Vice President

Current Speaker of the House

Current President of the Senate

Current Chief Justice of the US

Current NC Senators

Current Representative for Huntersville

Current NC Governor

Describe the US Flag and its History

Comments _____

GOALS FOR NEXT CONFERENCE

1 _____

2 _____

3 _____

EAGLE PROJECT GUIDELINES

Once a Scout has achieved Life rank and is at least 14 years of age, he may begin to consider his Eagle Project. A Scout cannot begin his project until he has completed all other elements of the Eagle requirements including required merit badges. A Scout must also review his project with the Scoutmaster and receive approval prior to beginning.

Once all elements are done, the Scout can plan and execute his Eagle Project. After completing his project, a Scout may ask for a mock Eagle Board of Review for practice only. **The formal Eagle Board of Review for rank cannot be scheduled until the Scout has reached 15 years of age, completed all advancement requirements and has received approval from the Scoutmaster.**

EAGLE SERVICE PROJECT

1. An Eagle Service Project should benefit church, school, community, or nation. It must not benefit the Boy Scouts of America.
2. The Eagle candidate must select a project and secure approval from the Scoutmaster and the Eagle Service Project Review Coordinator.
3. The Scoutmaster must approve the project and the project may be presented to the Troop Committee. The Eagle candidate may wish to present the project again to the committee when it is complete.
4. Selection of the Eagle Project is the responsibility of the Eagle candidate.
5. When the Scoutmaster feels that the Eagle candidate is ready to start the project, a meeting will be held with the Eagle candidate, the Scoutmaster, and the Eagle Project Review Coordinator. The purpose of the meeting will be to review all relevant guidelines.
6. The Eagle candidate must work closely with the Scoutmaster and the Advancement Committee Chair to assure that all the guidelines are followed.
7. After approval, the Eagle candidate may go on with the project.
8. When all the proper work is completed, the Eagle candidate may request a mock Board of Review or when he is fully prepared, an Eagle Board of Review.
9. The Eagle candidate's project must be completed by his 18th birthday.



SCOUTING FORMS

***ALL FORMS MUST BE TURNED
IN AT PUPPY ORIENTATION***

Scouting Forms

Forms for your son's permanent file:

1. Troop 19 Rules of Conduct Acknowledgement
2. Receipt of Troop 19 Handbook
3. Permanent Permission Slip
4. Individual Scout Record and Personal Data Sheet
5. Personal Information Form
6. Awards and Recognition Sheet
7. Troop Information Sheet
8. Parent Resources Form
9. Scout Insurance Information Sheet
10. BSA Annual Health and Medical Record

Please complete all the requested information and return to the Scoutmaster at the Orientation Meeting with required fees.

TROOP 19 RULES OF CONDUCT ACKNOWLEDGEMENT

I, the undersigned and my son, _____, have read and thoroughly understand the Troop 19 Rules of Conduct. By our signatures, we accept and agree to these rules as stated and understand that if this signed document is not on file with the Scoutmaster, the Scout will not be permitted to participate in Troop activities.

(Signature of Parent/Guardian)

(Date)

(Signature of Scout)

(Date)

RECEIPT OF TROOP 19 HANDBOOK

BOY SCOUT TROOP 19 HUNTERSVILLE, NC

I, the undersigned and my son, _____, have read and thoroughly understand the rules, guidelines and consequences in the Handbook. If this signed document is not on file with the Scoutmaster, the Scout will not be permitted to participate in Troop activities.

(Signature of Parent/Guardian)

(Date)

(Signature of Scout)

(Date)



PERMANENT PERMISSION SLIP

**BOY SCOUT TROOP 19
HUNTERSVILLE, NC**

To whom it may concern:

I, the undersigned, give my son, _____, permission to attend Boy Scout Troop 19 activities/campouts with the understanding that hazards possibly happen and also that accidents do possibly happen. I hereby relieve the Scoutmaster and/or any of his staff from legal liability of personal injury or accidental death for my son mentioned above. This will include all times from the time I leave my son with the Scoutmaster until the time I pick him up. I also relieve all drivers of liability on the trip to or from a campout/activity. Furthermore, in case of emergency, I grant permission for rendering of all emergency medical attention by qualified medical personnel.

My son has a unique medical problem of _____ (state none, if none) and I will ensure that he has all proper medication with him the duration of Scouting functions.

If this signed document is not on file with the Scoutmaster, the Scout will not be permitted to participate in any Troop activities.

(Signature of Parent/Guardian)

(Date)



Name _____ Troop/Crew No _____

Date Joined _____ Date of Birth _____

SCOUT



SM Conference

TENDERFOOT



SM Conference

SECOND CLASS



SM Conference
Board of Review

FIRST CLASS



SM Conference
Board of Review

STAR



_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>

SM Conference
Board of Review
Awarded

LIFE



_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>

SM Conference
Board of Review
Awarded

EAGLE



_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge*	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>

SM Conference
Board of Review
Awarded

*** Required Eagle Merit Badge**

BRONZE PALM

_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>

SM Conference
Awarded

GOLD PALM

_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>

SM Conference
Awarded

SILVER PALM

_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>
_____ merit badge	<input type="checkbox"/>

SM Conference
Awarded

*** REQUIRED EAGLE MERIT BADGES**

- Camping
- Citizenship in the Community
- Citizenship in the Nation
- Citizenship in the World
- Communication
- Cooking
- Sysling or Hiking or Swimming

- Emergency Preparedness or Lifesaving
- Environmental Science or Sustainability
- Family Life
- First Aid
- Personal Fitness
- Personal Management

A Scout must have a total of 13 of the required merit badges. When given a choice of badges, the Scout may choose only one of the offered badges to be applied as a required badge. If the Scout earns another of the optional badges it will be counted as an elective badge toward Eagle or towards Eagle Palms

Personal Information Form

Scout _____

Please Note:

This information is held private confidential and is only viewed by the Scoutmaster and Patrol Assistant Scoutmaster in charge of your Scouts Patrol in order to understand any Special Needs for your Scout.

Does Your Scout have a Learning Disability ?

Please Explain _____

Does Your Scout have Memory Difficulties or Issues with Retention of Information

Please Explain _____

Does Your Scout have a Sleeping Disorder?

Please Explain _____

Does Your Scout have a medical condition that may affect his participation in Scouting? (for example - ADD, ADHD, BED, Asthma, Insect Allergies, etc)

Please Explain _____

Does Your Scout have Special Needs that need to be considered when participating in Troop Activities

Please Explain _____

TROOP INFORMATION SHEET

Mother

Father

Name

Address

Phone

Place of Employment

Work Address

Work Phone Number

Vehicle Make/Model

Tag Number

Drivers License Number

Cell Phone Number

Parent's Email

Scout's Email

Please list medications your son takes regularly

Does your son have any allergies?

Does your son have Behavioral issues the Troop should be aware of?



TROOP RESOURCE SURVEY

Boy Scouting is for adults as well as boys. We invite you to share your skills and interests so the best possible program can be developed for the Boy Scouts in this troop. In making this survey, the committee wishes to find ways you can enjoy using your talents to help our Scouts. Your cooperation is greatly appreciated.

Welcome to the Scout family of Troop No. _____ in the _____ Council.

Please return this survey to _____
(Please print)

Name _____ Home phone _____
Street address _____ Business phone _____
City _____ State _____ Zip _____

1. What is your favorite hobby? _____ Occupation _____
2. In what sports do you take an active part? _____
3. Would you be willing to assist the troop leaders and committee members occasionally? _____
4. Please check the areas in which you would be willing to help:

General Activities

- Campouts
- Hikes
- Outdoor activities
- Troop meetings
- Swimming supervision
- Bookkeeping
- Typing
- Drawing/art
- Transportation of Scouts
- Transportation of equipment
- Other _____ (Please print)

Special Program Assistance

- I can participate in boards of review.
- I have a station wagon or _____ truck
- I have a workshop.
- I have family camping gear.
- I have access to camping property.
- I can make contacts for special trips and activities.
- I can help with troop equipment.
- I have access to a personal computer.

5. Please check any Scouting skills you would be willing to teach:

- Ropework (knots and lashings)
- Outdoor cooking
- First aid
- Star study
- Map and compass use
- Conservation
- Aquatics
- Knife and ax handling
- Citizenship
- Camping

Check the merit badges on the other side of this sheet that you are willing to help Boy Scouts earn.



MERIT BADGES

Check the merit badges that you can help Boy Scouts earn.

- American Business
- American Culture
- American Heritage
- American Labor
- Animal Science
- Archery
- Astronomy
- Art
- Astronomy/Prepariness
- Energy
- Engineering
- Entrepreneurship
- Environmental Science
- Fashion
- Backpacking
- Botany
- Boy Study
- Bugling (See Mudp)
- Camping
- Canoeing
- Chemistry
- Genealogy
- Citizenship in the Community
- Citizenship in the Nation
- Citizenship in the World
- Climbing
- Coin Collecting
- Cookery
- Communications
- Computers
- Cooking
- Crime Prevention
- Cycling
- Currency
- Disabilities Awareness
- Dog Care
- Drafting
- Electricity
- Electronics
- Emergency Preparedness
- Energy
- Engineering
- Entrepreneurship
- Environmental Science
- Family Life
- Farm Mechanics
- Fireprenting
- Fire Study
- First Aid
- Fish and Wildlife Management
- Fishing
- Forestry
- Geology
- Geology
- Golf
- Graphic Arts
- Hiking
- Home Repairs
- Horsemanship
- Indian Life
- Insect Study
- Journalism
- Landscape Architecture
- Law
- Leatherwork
- Locking
- Maritime Study
- Medicine
- Model Design and Building
- Model Making
- Model Voting
- Music and Bugling
- Nature
- Oceanography
- Orienteering
- Painting
- Personal Fitness
- Personal Management
- Pals
- Photography
- Pottery
- Practical Science
- Plumbing
- Pottery
- Public Health
- Public Speaking
- Pulp and Paper
- Radio
- Railroad
- Reading
- Reptile and Amphibian Study
- Rifle Shooting
- Rowing
- Safety
- Salesmanship
- Scholarship
- Sculpture
- Shotgun Shooting
- Stamping
- Small Boat Sailing
- Snow Sports
- Soil and Water Conservation
- Space Exploration
- Sports
- Stamp Collecting
- Surveying
- Swimming
- Tents
- Theater
- Traffic Safety
- Truck Transportation
- Voluntary Med Care
- Water Skiing
- Weather
- Whitewater
- Wilderness Survival
- Wood Carving
- Woodwork

Other skills and activities I could assist in for the older Scout program:

- Backpacking
- Baseball
- Bowling
- Business
- Cross-country skiing
- Cycling
- Derrail skiing
- Fishing
- First Aid
- Golf
- Hockey
- Hiking
- Mechanics
- Mountain man
- Orienteering
- Painting
- Poetry
- Sailing
- Scouts BSA
- Shooting sports
- Snow-patch survival
- Snow camping
- Soccer
- Spinning
- Survival
- Skiing
- Tennis
- Topography
- Volleyball
- Whitewater canoeing
- Wilderness
- Woodwork

Scout Insurance Information Form

In spite of our best efforts to maintain safety standard's in Troop 19 Scouting activities, accidents may occur. In such emergencies, you'll want to see that you son receives prompt medical attention without having to be concerned about how the cost of such care is paid.

That is why Mecklenburg Council is sponsoring the Council Accident and Sickness Insurance Plan, offered by United of Omaha Life Insurance, describe in the folder included with this troop handbook. This plan provides financial protection against accidental injury and illness for all registered youth, leaders, volunteer leaders and seasonal staff.

Please read the contents of the folder carefully to learn all about the benefits, exceptions and limitations of this coverage, as well as steps in filing a claim.

Please keep in mind that it is not the purpose of this coverage to diminish or replace the need for family health insurance. Rather, its purpose is to provide assurance that financial help is available to meet emergency medical expenses should an injury or illness occur during a Scouting activity.

Should you have any questions about this insurance service, please contact Mecklenburg Council or write directly to:

United of Omaha Life Insurance Company
ATTN: Special Risk Services
P O Box 31716
Omaha, Nebraska 68131-9976
(800) 524 – 2324

Eligibility

All registered youths and leaders (including den aides/chiefs and volunteer leaders) and seasonal staff of each Boy Scout Council and Learning for Life (Explorer and non Explorer) programs are eligible for coverage. New youth members added during the year are automatically covered until the renewal date without additional premium. NOTE: If your council does not insure members of the Learning for Life programs, they will not be insured unless purchased separately.

Non-scouts, non-scouters and guests who are being encouraged to become registered leaders or scouts are automatically covered at no extra cost while in attendance at the scheduled activity. Other guests are not covered.

Coverage

The plan provides year-round coverage for injuries occurring anywhere in the world while:

- a) participating in an approved and supervised Scouting or Learning for Life activity. Seasonal Camp Staff are also covered during their off-duty hours subject to the workers' compensation exclusion.
- b) Traveling to and from such activities (traveling is not limited to "as a group")

Coverage is provided for sickness first manifesting itself while the insured member is:

- a) in attendance at a Council scheduled session of an overnight or other covered event operated and supervised by your council. Seasonal camp staff is also covered during their off-duty hours, subject to the workers' compensation exclusion.
- b) Traveling to and from such an overnight or other covered event

Specific benefits and important questions and answers are detailed in the enclosed folder.

Part A: Informed Consent, Release Agreement, and Authorization

Full name: _____
DOB: _____

High-adventure base participants:
Expedition/crew No.: _____
or staff position: _____

Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.



NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.



List participant restrictions, if any: None

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont, Philmont Training Center, Northern Tier, Florida Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: _____ Date: _____

Parent/guardian signature for youth: _____ Date: _____
(If participant is under the age of 18)

Second parent/guardian signature for youth: _____ Date: _____
(If required; for example, California)

Complete this section for youth participants only:

Adults Authorized to Take to and From Events:

You must designate at least one adult. Please include a telephone number.

Name: _____ Name: _____

Telephone: _____ Telephone: _____

Adults NOT Authorized to Take Youth To and From Events:

Name: _____ Name: _____

Telephone: _____ Telephone: _____



Part B: General Information/Health History

Full name: _____

DOB: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Age: _____ Gender: _____ Height (inches): _____ Weight (lbs.): _____

Address: _____

City: _____ State: _____ ZIP code: _____ Telephone: _____

Unit leader: _____ Mobile phone: _____

Council Name/No.: _____ Unit No.: _____

Health/Accident Insurance Company: _____ Policy No.: _____



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.



In case of emergency, notify the person below:

Name: _____ Relationship: _____

Address: _____ Home phone: _____ Other phone: _____

Alternate contact name: _____ Alternate's phone: _____

Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	Last HbA1c percentage and date:
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
<input type="checkbox"/>	<input type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma	Last attack date:
<input type="checkbox"/>	<input type="checkbox"/>	Lung/respiratory disease	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/eyes/nose/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	
<input type="checkbox"/>	<input type="checkbox"/>	Head injury/concussion	
<input type="checkbox"/>	<input type="checkbox"/>	Altitude sickness	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological or emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Behavioral/neurological disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorders/sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells and dizziness	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	Last seizure date:
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal/stomach/digestive problems	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Excessive fatigue	
<input type="checkbox"/>	<input type="checkbox"/>	Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	List all surgeries and hospitalizations	Last surgery date:
<input type="checkbox"/>	<input type="checkbox"/>	List any other medical conditions not covered above	



Part B: General Information/Health History

Full name: _____

DOB: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Allergies/Medications

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

CHECK HERE IF NO MEDICATIONS ARE ROUTINELY TAKEN. IF ADDITIONAL SPACE IS NEEDED, PLEASE INDICATE ON A SEPARATE SHEET AND ATTACH.

Medication	Dose	Frequency	Reason

YES NO Non-prescription medication administration is authorized with these exceptions: _____

Administration of the above medications is approved for youth by: _____

Parent/guardian signature

MD/DO, NP, or PA signature (if your state requires signature)

!

Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

!

Immunization

The following immunizations are recommended by the BSA. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tetanus	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pertussis	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Measles/mumps/rubella	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Polio	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Pox	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Meningitis	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Influenza	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., HIB)	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Exemption to immunizations (form required)	

Please list any additional information about your medical history:

DO NOT WRITE IN THIS BOX
 Review for camp or special activity.

Reviewed by: _____

Date: _____

Further approval required: Yes No

Reason: _____

Approved by: _____

Date: _____

Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: _____

DOB: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____



You are being asked to certify that this individual has no contraindication for participation inside a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient.



Examiner: Please fill in the following information:

		Yes	No	Explain							
Medical restrictions to participate		<input type="checkbox"/>	<input type="checkbox"/>								
Yes	No	Allergies or Reactions		Explain		Yes	No	Allergies or Reactions		Explain	
<input type="checkbox"/>	<input type="checkbox"/>	Medication				<input type="checkbox"/>	<input type="checkbox"/>	Plants			
<input type="checkbox"/>	<input type="checkbox"/>	Food				<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings			
Height (inches): _____		Weight (lbs.): _____		BMI: _____		Blood Pressure: _____ / _____		Pulse: _____			

	Normal	Abnormal	Explain Abnormalities
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Heart	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have uncontrolled heart disease, asthma, or hypertension.
<input type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures.
<input type="checkbox"/>	<input type="checkbox"/>	For high-adventure participants, I have reviewed with them the important supplemental risk advisory provided.

Examiner's Signature: _____ Date: _____

Provider printed name: _____

Address: _____

City: _____ State: _____ ZIP code: _____

Office phone: _____

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295

